

L'ÉTAPE TEXAS

BY **TOUR DE FRANCE**

PRESENTED BY

H-E-B



**RIDER
GUIDE**

**APRIL 14
2024**

#LEtapeTexas

**TOUR
de
France**

**OFFICIAL
EXPERIENCE**

www.letapetexas.com

WELCOME

Bienvenidos and welcome to L'Étape Texas by Tour de France, presented by H-E-B. San Antonio is one of the most beautiful and welcoming destinations in the United States and we are happy and honored to host the third edition of L'Étape by Tour de France in our community and surrounding areas as part of the city's famous, annual Fiesta celebration! Athletes—you are in for an amazing weekend. Our San Antonio Sports team has been working hard to ensure a safe, fun, and memorable experience. Volunteers and our Cycling Advisory Committee—thank you! Without you, the event doesn't happen, and we are grateful for your participation, guidance, and experience.

I would personally like to thank our dedicated sponsors for their unwavering support, propelling Fiesta FitFest and L'Étape Texas into an event that enriches our local community long past the finish line. Their commitment to our long-term success fuels our drive to make this cycling extravaganza a staple in San Antonio!

I'd also like to thank, Bexar, Medina and Bandera counties, the cities of Helotes, Grey Forest, and Bandera, and of course the amazing city of San Antonio and all its residents for allowing L'Étape Texas into their communities and on their roadways.

Whomever wears the Yellow Jersey at the end of the day will live with Tour de France legends. Go out and ride hard, have fun, and know you are supporting our mission to transform lives through the Power of Sport.

Ride on!



Jenny Carnes
President & CEO
San Antonio Sports



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CITY OF SAN ANTONIO

**RON NIRENBERG
MAYOR**

April 12, 2024

¡Bienvenidos a San Antonio!

I am honored to welcome all cyclists, spectators, Fiesta FitFest participants, and event coordinators to 2024 L'Étape Texas by Tour de France. We can think of no better way to experience the Alamo City and the stunning Texas Hill Country than through an exhilarating cycling adventure, or a fun-filled fitness festival.

We are thrilled to continue our partnership with San Antonio Sports, an organization that has served our community for the past 40 years. By inspiring children and families to live active, healthy lifestyles, San Antonio Sports has transformed our community and provided thousands of families the chance to challenge their bodies and minds. Organizing Fiesta FitFest and the L'Étape Texas ride is yet another way this organization serves our community, and we are grateful to bring the historic Tour de France experience to our city.

While you are here, I hope you get to experience San Antonio's rich culture, incredible cuisine, and our residents' kind and gracious nature. San Antonio was founded at the crossroads of emerging cultures, and this is evident as you visit our local attractions like the San Antonio Missions, which are a designated UNESCO World Heritage site. I urge you to explore our world-renowned Zoo, our colorful River Walk, the historic Market Square, and our acclaimed museums as well. Whether you are familiar with San Antonio or traveling from out of town, you will find everything you need at www.visitsanantonio.com to make your experience truly memorable!

On behalf of the City of San Antonio, we thank you for celebrating alongside our city. Best of luck to all the competitors, and we hope you visit the Alamo City again soon!

Sincerely

Ron Nirenberg

MAYOR

P.O. BOX 839966 • SAN ANTONIO, TX 78283-3966 • TEL: 210-207-7107 • FAX 210-207-4168
MAYORRONNIRENBERG@SANANTONIO.GOV





































L'ÉTAPE
by TOUR DE FRANCE

2024

21
COUNTRIES

ETAPES BY TOUR DE FRANCE_2024 CALENDAR

 L'Etape La Paz – 10/02/2024	 L'Etape Denmark – 29/06/2024	 L'Etape Acapulco – 06/10/2024
 L'Etape Ecuador – 17/03/2024	 L'Etape du Tour – 07/07/2024	 L'Etape Monterrey – 20/10/2024
 L'Etape Greece – 06/04/2024	 L'Etape Bulgaria – 28/07/2024	 L'Etape Costa Rica – 27/10/2024
 L'Etape Puebla – 14/04/2024	 L'Etape Czech Republic – 17/08/2024	 L'Etape CDMX – 24/11/2024
 L'Etape San Antonio – 14/04/2024	 L'Etape Slovakia – 25/08/2024	 L'Etape Thailand – TBC
 L'Etape Cunha – 07/04/2024	 L'Etape Romania – 01/09/2024	 L'Etape Malaysia - TBC
 L'Etape Italy – 28/04/2024	 L'Etape Ireland – 07/09/2024	 L'Etape Melaka - TBC
 L'Etape Las Vegas – 05/05/2024	 L'Etape Slovenia – 08/09/2024	 L'Etape Indonesia - TBC
 L'Etape Estado de Mexico – 12/05/2024	 L'Etape Guanajuato – 08/09/2024	 L'Etape Egypt – 01/11/2024 - TBC
 L'Etape Cancun – 16/06/2024	 L'Etape Poland – 30/06/2024	 L'Etape Cairo – 02/05/2024 - TBC
 L'Etape Rio de Janeiro – 30/06/2024	 L'Etape Brasil – 29/09/2024	
 L'Etape Czech Republic – 15/06/2024	 L'Etape Portugal – 29/09/2024	

L'ÉTAPE
TEXAS
BY TOUR DE FRANCE

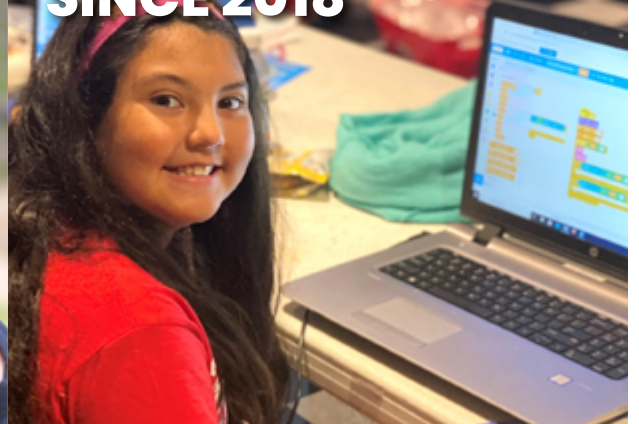
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GENERATING MORE
THAN **\$116 MILLION**
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HOURS
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TOUR DE FRANCE HISTORY

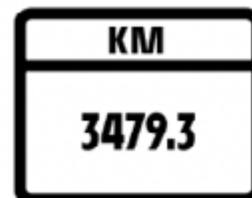
The Tour de France is the biggest annual sporting event, and the pinnacle of world cycling.



1st Edition in 1903



176 riders from 22 teams



3479.3 km to cover



10 to 12 million
roadside spectators



Broadcasted in 190 countries



29,000 police officers, gendarmes and fire
fighters deployed



First awarded to Eugène Christophe on 19 July 1919, the yellow jersey distinguishes the Tour de France race leader. Its distinctive colour was inspired by the original L'Auto newspaper, which first established the race. This newspaper was published on distinctive yellow newsprint. The objective was to promote the newspaper in the early ages of the race's history. Nowadays, the yellow jersey is the most celebrated and recognizable trophy in sport.

TOUR DE FRANCE JERSEYS



THE YELLOW JERSEY

The symbol of the Tour de France—the Yellow Jersey. At the Tour de France this goes to the first across the finish line at the end of every stage and to the overall winner on the Champs-Élysées. At L'Étape Texas by Tour de France, the top overall female and male finishers will win the iconic Yellow Jersey!

THE GREEN JERSEY

The Green Jersey represents explosivity, passion, and speed, typically going to Tour de France sprinters. At L'Étape Texas by Tour de France, the Green Jersey goes to the top male and female sprinters in each age category. Fastest through the timed sprint section wins the Green Jersey!



THE WHITE JERSEY

The white jersey, or *maillot blanc*, goes to the General Classification leader who is 25 years old or younger. Put simply, at L'Étape Texas by Tour de France it goes to the best young rider with the lowest overall time. For young, ambitious all-rounders in the race, winning the white jersey is like winning yellow.

THE POLKA DOT JERSEY

The symbol of the mountains, of a rider pushing beyond their limits and of courage—the Polka Dot Jersey! This jersey is awarded to the Tour de France's leader of the best climber classification. At L'Étape Texas by Tour de France, this goes to the King of the Mountain and the Queen of the Mountain in each age category. Strongest climbers through the timed-climb section will be awarded the Polka Dot Jersey.





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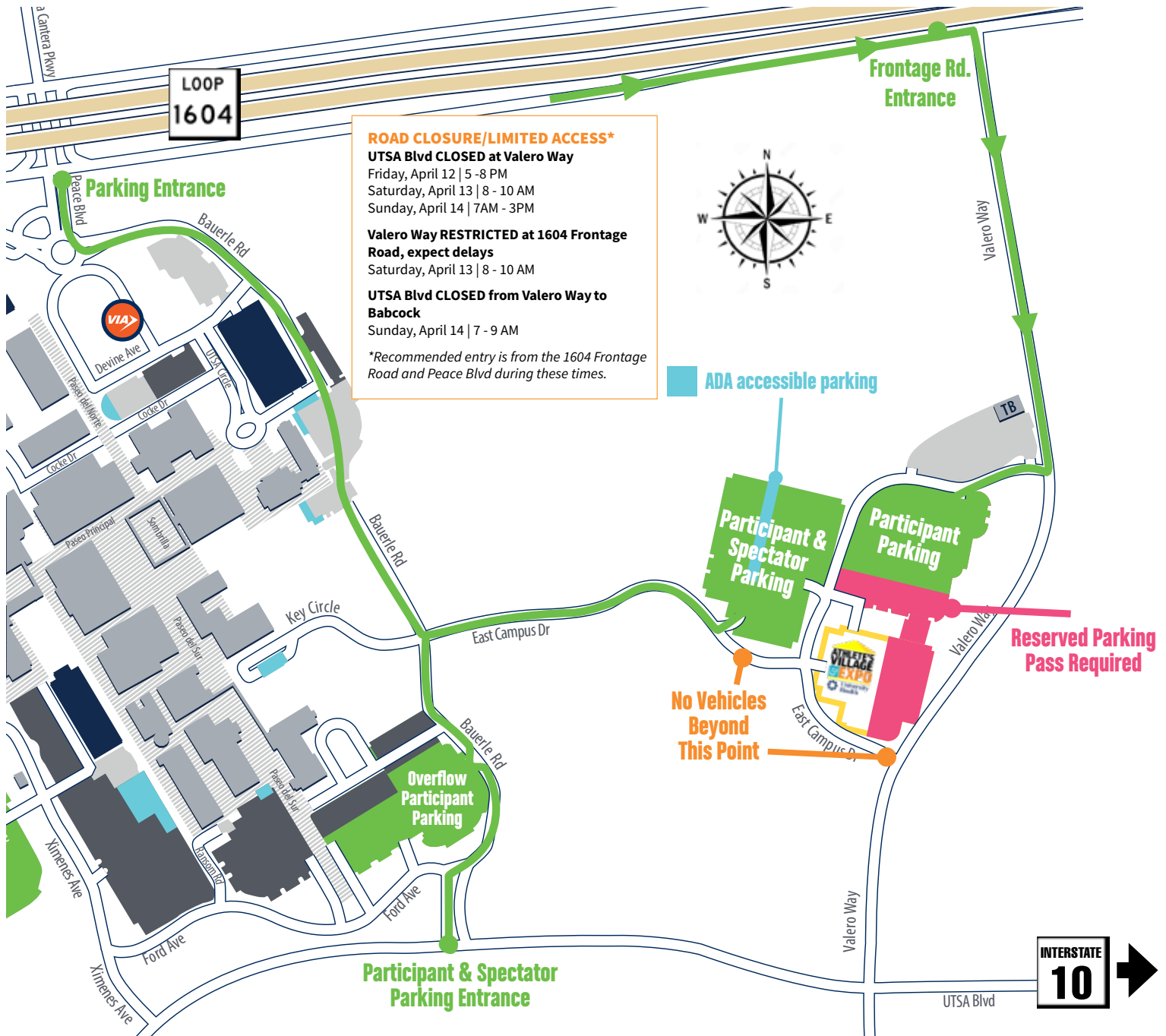
ENJOY RESPONSIBLY

© 2024 A-B, Michelob Ultra® Light Beer, St. Louis, MO [95 calories, 2.6g carbs, 0.6g protein and 0.0g fat, per 12 oz.]

MAP & PARKING

Fiesta FitFest 2024 and L'Étape Texas by Tour de France presented by H-E-B will be located at University of Texas at San Antonio (UTSA), off East Campus Drive. For directions [click here »](#)

Parking in the surrounding lots is available for athletes, guests and spectators.



SPECIAL

**20% OFF ANY
ENTREE**

VALID UNTIL APRIL 30TH, 2024

Grey Moss Inn

Authentic Mexican Food

Established in 1929, the Grey Moss Inn is an icon in the city of Grey Forest. It has lived through many eras and re-emerged anew in 2023 with a Northern Mexican-inspired menu. Nestled under beautiful oak trees, it has a unique rustic, romantic and mysterious ambiance. Whether you are a local resident or travelling through the area, the historic Grey Moss Inn is a place you won't want to miss.

www.greymossinn.com (210)501-1998 19010 Scenic Loop; Helotes, TX 78023

VENDOR MAP

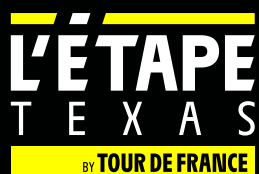


FEATURING



and many more!

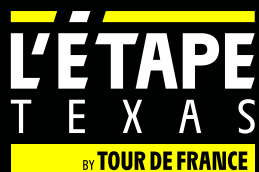
[Click here to view detailed list of vendors »](#)



FIESTA FITFEST SCHEDULE

NOTE:
Free activities
require registration.
[Click here to
register now »](#)

FRIDAY, APRIL 12 / 5 - 8 PM			LOCATION
5:00 PM	8:00 PM	Village Opens	University Health Athlete's Village
5:00 PM	7:30 PM	SATX 5K/10K Packet Pick-Up (REGISTRATION REQUIRED)	
5:00 PM	7:30 PM	Corporate Cup Packet Pick - Up	Whataburger Tent
5:15 PM	5:45 PM	Grupo Folklorico de Bendiciones	TJH Center Stage
5:45 PM	6:00 PM	Opening Ceremony	
6:00 PM	8:00 PM	Beer Mile	Race Course
FREE ▶	6:15 PM	6:45 PM Beer Yoga w/ Corn Bread Yoga (REGISTRATION REQUIRED)	TJH Center Stage
	7:00 PM	7:30 PM L'Étape Texas Course Review	
SATURDAY, APRIL 13 / 6 AM - 4 PM			
6:00 AM	4:00PM	Village Opens	University Health Athlete's Village
6:00 AM	7:45 AM	SATX 5K/10K Packet Pick-Up (REGISTRATION REQUIRED)	
8:00 AM	4:00 PM	Expo and Sports Zone Opens	
7:15 AM	7:45 AM	University Health Warm-Up	TJH Center Stage
8:00 AM		SATX 5K/10K Run (REGISTRATION REQUIRED)	Race Course
FREE ▶	8:00 AM	8:30AM ACTIVATE Zumba	TJH Center Stage
FREE ▶	8:00 AM	1:00 PM Balance Biking Academy	University Health Athlete's Village
	8:00 AM	4:00 PM Expo opens	
FREE ▶	8:45 AM	9:15 AM ACTIVATE YOGA	
	9:15 AM	9:30 AM SATX 5K Awards	TJH Center Stage
FREE ▶	9:30 AM	10:00 AM Camp Gladiator	
	10:00 AM	4:00PM L'Étape Packet Pick-Up (ID REQUIRED)	University Health Athlete's Village
	10:00 AM	10:30 AM SATX 10K Awards	TJH Center Stage
FREE ▶	10:30 AM	11:00AM Orange Theory	
	11:00 AM	11:30 AM Kids Run	Race Course
	11:00 AM	11:30 AM L'Étape Texas Course Review	
FREE ▶	11:30 AM	12:00 PM STRONG by ACTIVATE	TJH Center Stage
FREE ▶	12:15 PM	12:45 PM ISI Elite Training	
FREE ▶	12:45 PM	1:15 PM Stage Workout	
	1:00 PM	2:00PM Phil Gaimon Autograph Session	XPEL Booth
FREE ▶	1:15 PM	1:45PM Total Body Conditioning or Zumba - ACTIVATE	TJH Center Stage
	2:00 PM	3:00 PM Kids Ride	Race Course
	2:15 PM	2:45 PM XPEL Product Review	TJH Center Stage
	2:45 PM	3:15 PM L'Étape Texas Course Review	
SUNDAY, APRIL 14 / 6 AM - 3 PM			
	7:00 AM	3:00 PM L'Étape Texas (REGISTRATION REQUIRED)	Race Course
	8:00 AM	3:00 PM University Health Athlete's Village Open	TJH Center Stage
FREE ▶	8:45 AM	9:15 AM Orange Theory	
	9:15 AM	9:45 AM L'Étape Texas 25-mile awards	
FREE ▶	10:00 AM	10:30 AM Camp Gladiator	
	11:00 AM	11:30 AM L'Étape Texas 60-mile awards	
FREE ▶	11:30 AM	12:00 PM Yoga - ACTIVATE	
FREE ▶	12:15 PM	12:45 PM Stage Workout	
	1:30 PM	2:00 PM L'Étape Texas 100-mile awards	





...**XPEL**

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PACKET PICK-UP

WHEN & WHERE

Saturday, April 13, 2024

UTSA E. Campus Drive [[Click here for map »](#)]

10:00 AM – 4:00 PM

NO RACE DAY PACKET PICK-UP

WHAT YOU WILL RECEIVE

- T-Shirt
- Buff
- Medal
- Athlete Kit (bike plate, timing chip)
- Wristband (excluding family ride)

NOTE: You will be required to show your photo ID at Packet Pick-Up. Please have it with you and ready to show the volunteers and staff in order to collect your packet.

Changes to your registration, including changing distances, should be done prior to the event weekend by logging into your MyEvents account, or by emailing letapetexas@sanantoniosports.org.

TIMING CHIP

This is a chip-timed race! In your packet you will receive a timing chip that **MUST** be attached to your seat post. See image below.



RACE SWAG

Showcase your epic achievement! Swag items are included with registration and you'll get them at race packet pickup.



THE L'ÉTAPE BY TOUR DE FRANCE VIP EXPERIENCE



The **Classe Spéciale** category is offered to a limited number of riders and includes big perks, goodies and unforgettable experiences. You can race in any distance with Classe Spéciale.

CLASSE SPÉCIALE RIDERS RECEIVE:

- Full 2024 L'Étape Texas by Tour de France cycling kit, including a Santini jersey and shorts.
- Fast-lane pick-up of your L'Étape Texas by Tour de France race package during the event.
- Two passes to the VIP race staging and lounge area, including easy access to your preferred start staging area, and pre-race food, beer, and refreshments for all three days of the event
- Leave in the first wave if you choose to.
- Private opportunity to meet with XPEL reps to learn first-hand about new products.
- Limited edition Fiesta FitFest medal.
- Private social at the Grey Moss Inn Saturday, April 13, 4 - 6 pm.
- Friday morning coffee ride.



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TRAVEL

BY CAR

San Antonio is an easily accessible location by car from many destinations.

Austin - 1hr

Houston - 3hrs

Dallas - 4hrs 30 mins

Monterrey, Mexico - 5hrs

Mexico City - 14hrs

BY AIR

San Antonio International Airport has many direct non-stop flights from the US and Mexico. Most all other North American and European destinations can be reached with only one stop.

For more information, visit

flysanantonio.com

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FIESTA SAN ANTONIO

APRIL 18 - APRIL 28

Few destinations provide a sense of place like San Antonio. Here, Mexican, European and Western cultures have blended into a unique personality. Much of the city's unforgettable landscape has grown along the banks of the River Walk where stone paths connect hotels, restaurants, shops and the Henry B. Gonzalez Convention Center in the downtown core. The 15-mile River Walk also links Spanish Colonial Missions (a World Heritage Site, along with the Alamo), museums, and the Pearl, a former brewery reborn. Plus, with a culinary explosion, top-notch golf courses and world-class theme parks, San Antonio is a destination unlike any other.



Fiesta® San Antonio started in 1891 as a one-parade event to honor the memory of the Alamo and the Battle of San Jacinto. That historic commemoration still takes place, but for more than a century, Fiesta® has grown into a celebration of San Antonio's rich and diverse cultures and today is one of this nation's premier festivals! Fiesta takes place from April 18 to April 28!

[CHECK OUT THE EVENTS CALENDAR TO JOIN IN THE FUN! »](#)



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RUN. RiDe. ROCK!

APRIL 12-14

UTSA MAIN CAMPUS

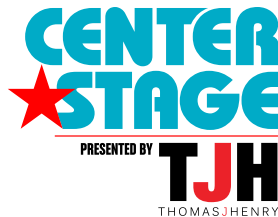
LEARN MORE AT
FIESTAFITFEST.COM



A WEEKEND OF FITNESS & FUN FOR THE WHOLE FAMILY!

- SATX 5K & 10K
- Kids bike ride and run
- L'Étape Texas cycle race
- FREE group workout sessions
- Food, health & fitness vendors
- ...and more!

FEATURING



SPONSORED BY



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CORPUS CHRISTI

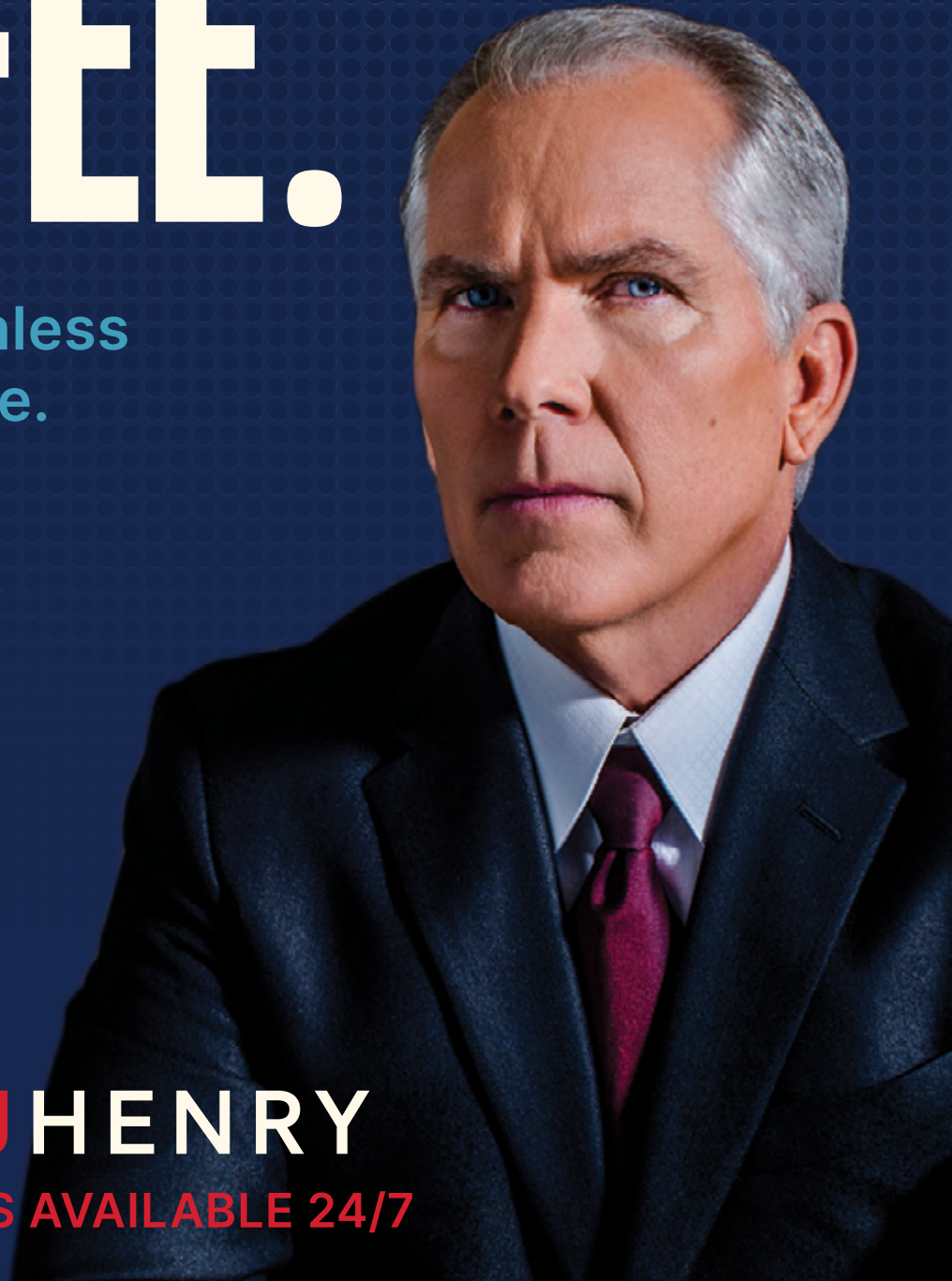
DALLAS

HOUSTON

SAN ANTONIO

NO WIN, NO FEE.

You don't pay unless
we win your case.

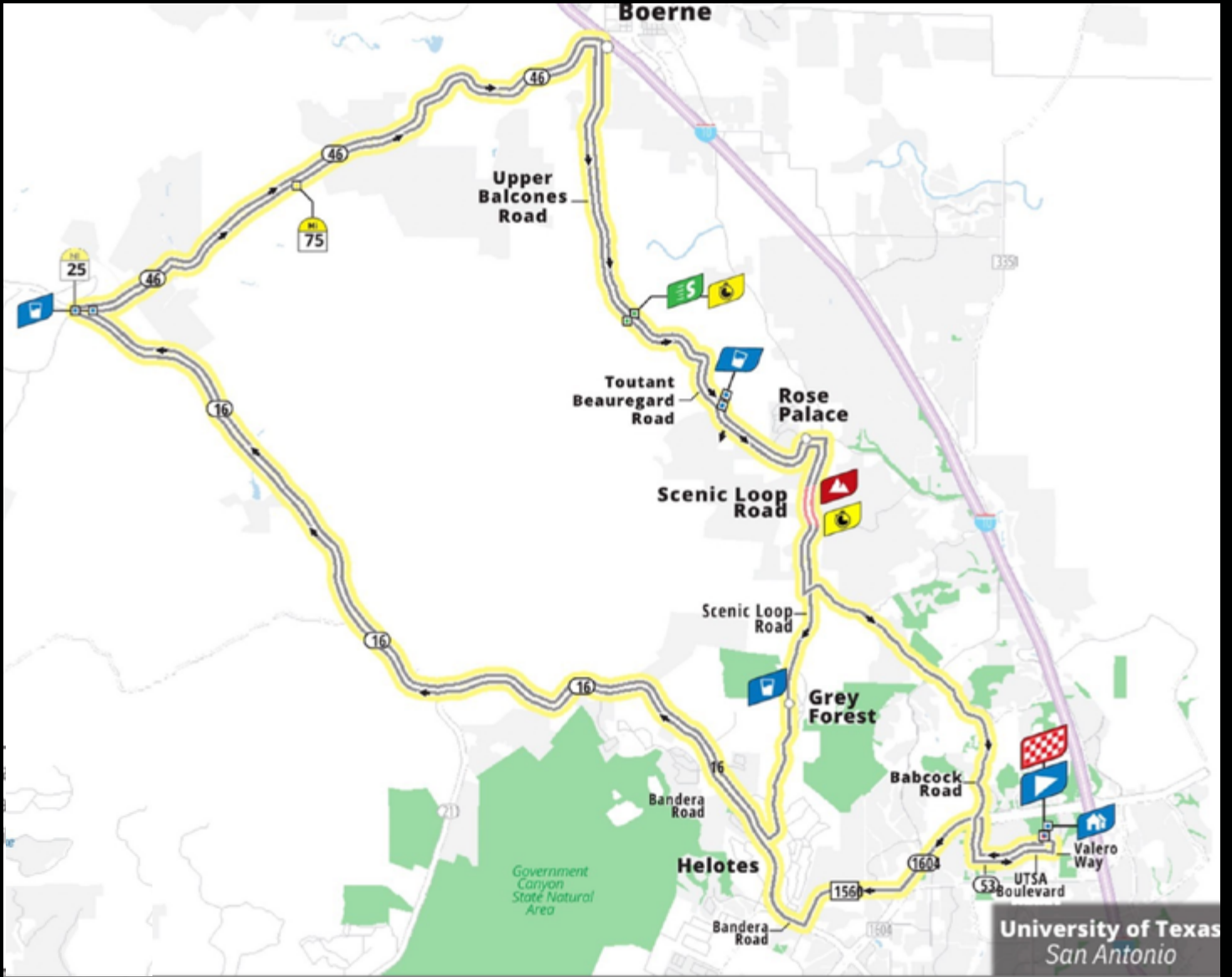


THOMAS J HENRY

INJURY ATTORNEYS AVAILABLE 24/7

100-MILE ROUTE

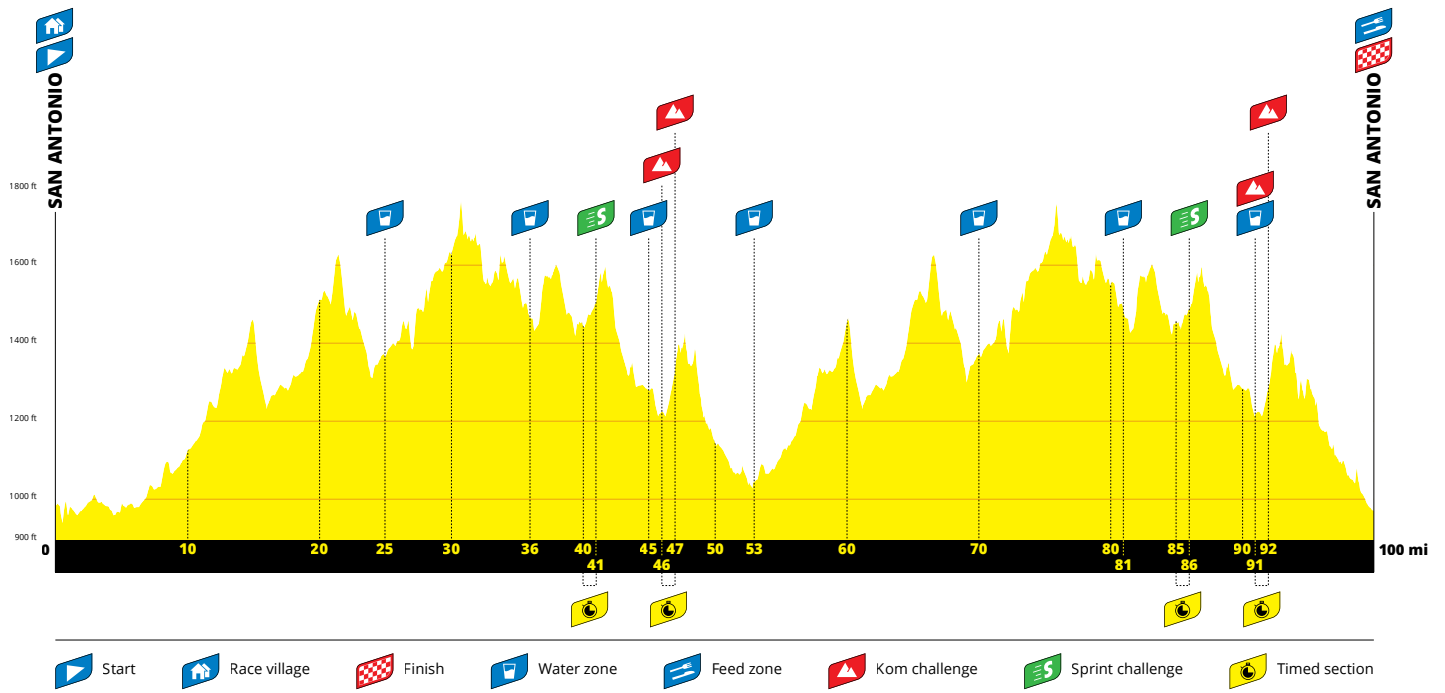
ELEVATION GAIN: +5,886FT



	Start		KOM Challenge		Water Station
	Finish		Sprint Challenge		Mile
	Race 100mi		Timed Section		
	KOM Challenge		Race Village		

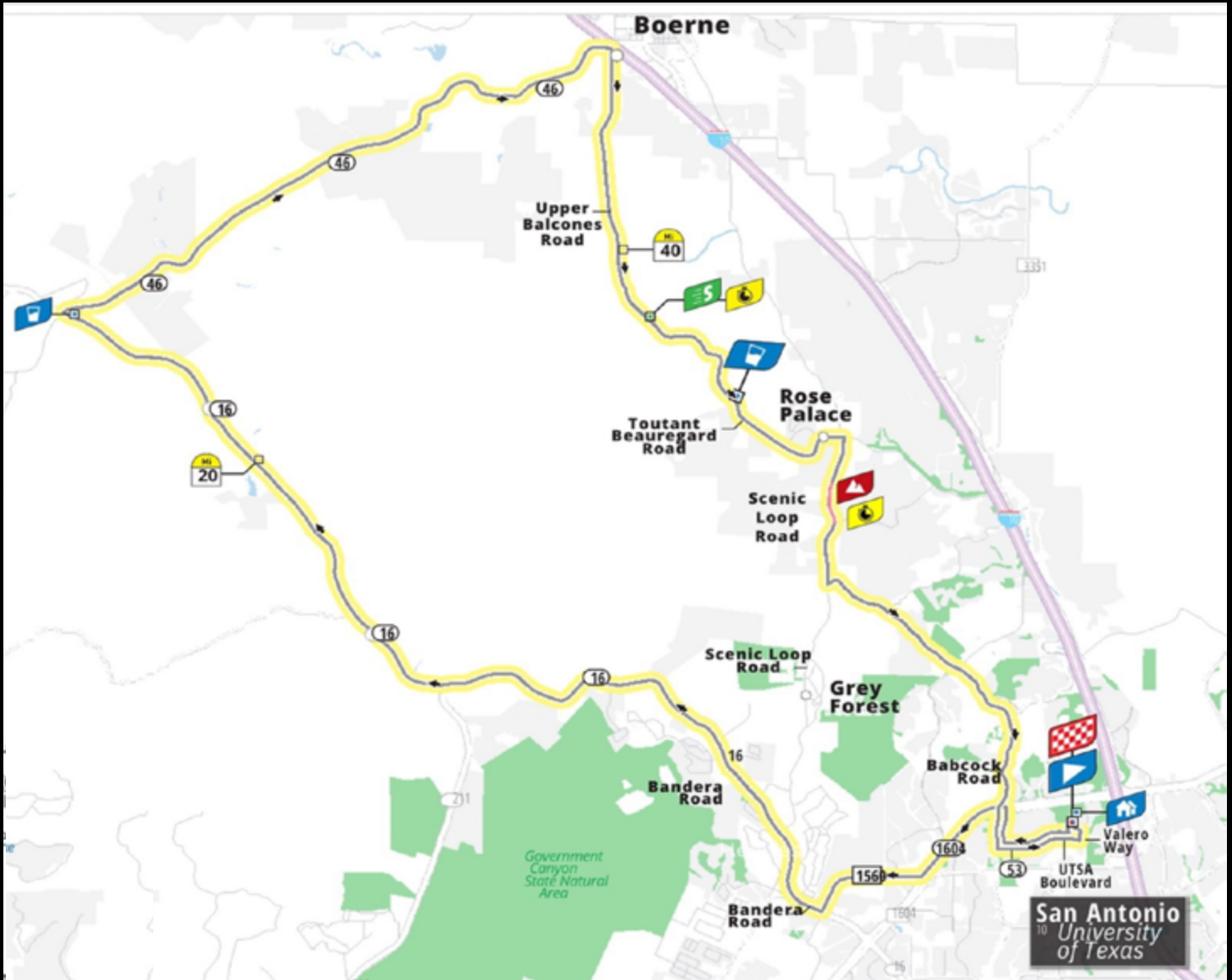
100-MILE ROUTE

ELEVATION GAIN: +5,886FT



60-MILE ROUTE

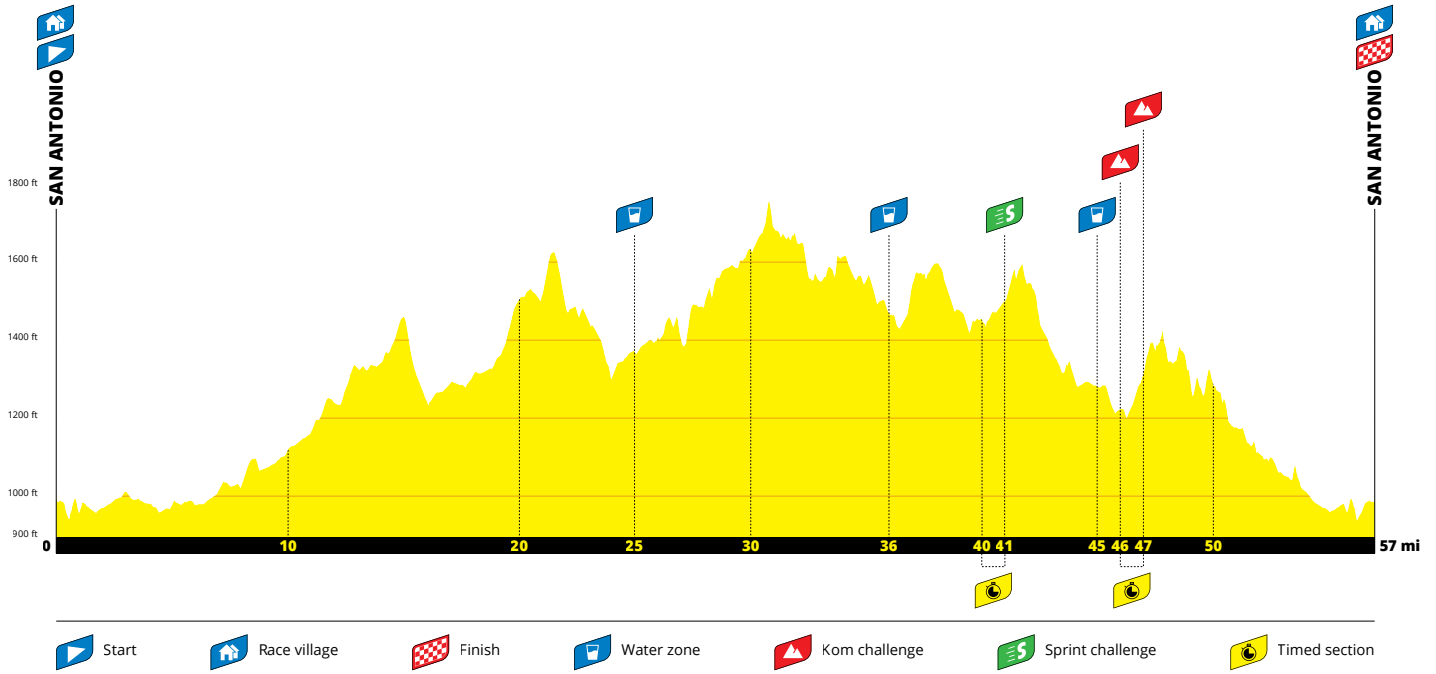
ELEVATION GAIN: +3,689FT



	Start		KOM Challenge		Water Station
	Finish		Sprint Challenge		Mile
	Race 60mi		Timed Section		
	KOM Challenge		Race Village		

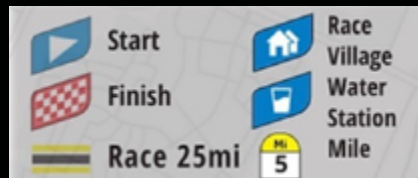
60-MILE ROUTE

ELEVATION GAIN: +3,689FT



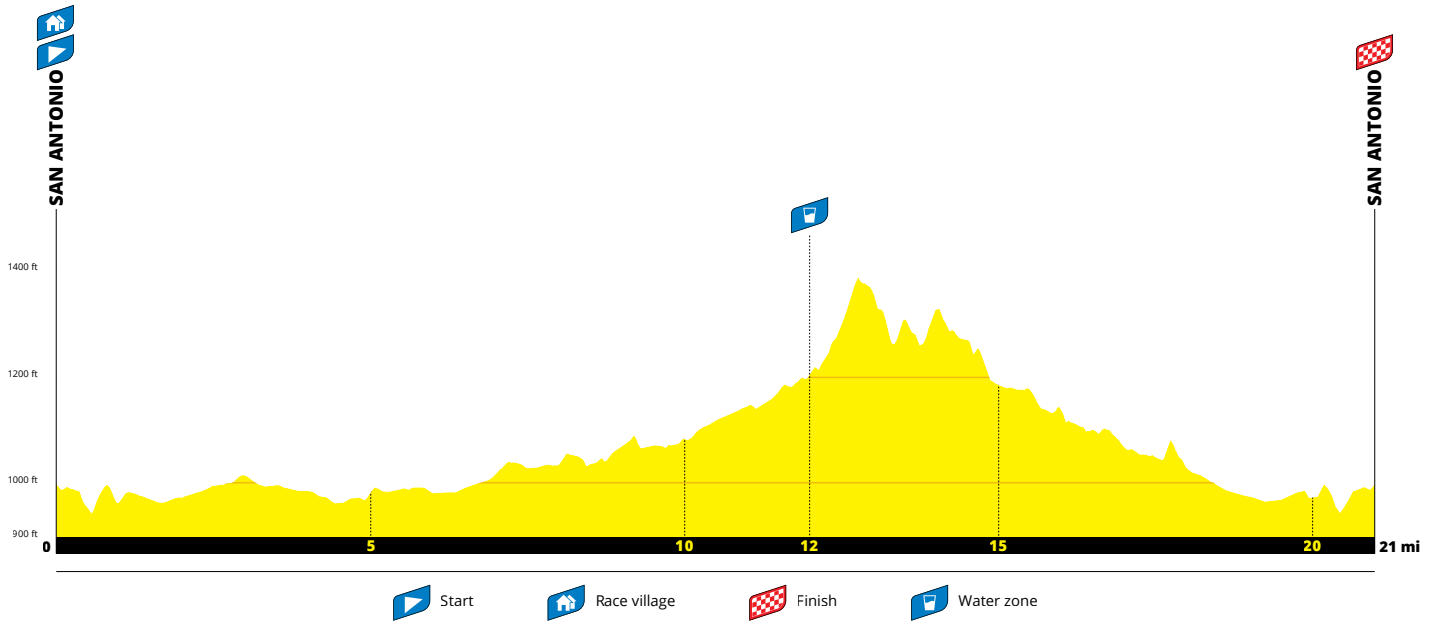
25-MILE ROUTE

ELEVATION GAIN: +1,525FT

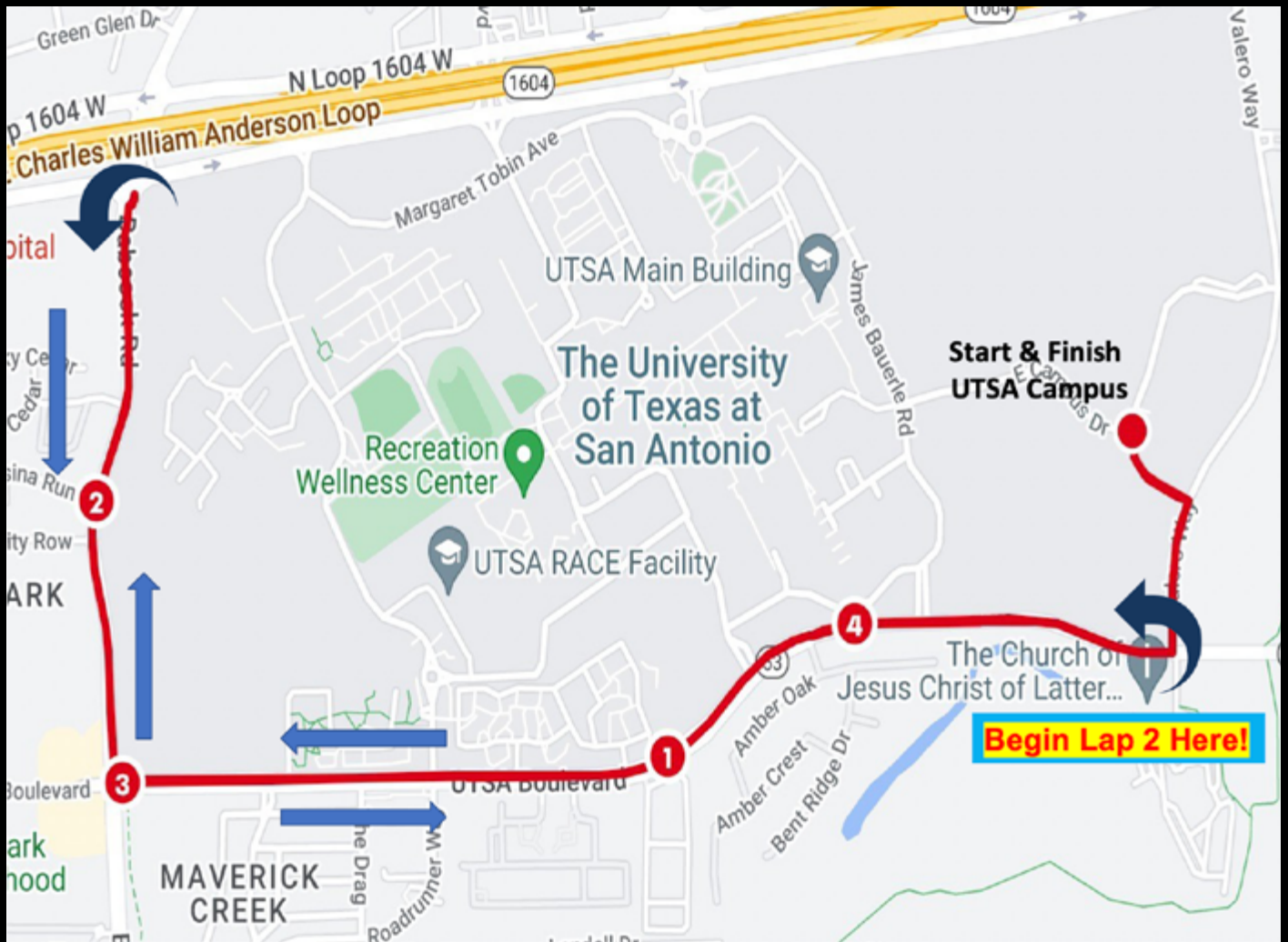


25-MILE ROUTE

ELEVATION GAIN: +1,525FT



10-MILE FAMILY RIDE



KIDS RACE**APRIL 13 - 3 P.M.**

The Kids Race is for ages 2 to 12. Parents can watch, cheer and help their kiddos complete laps of the course right in the expo. Medals and snacks for everyone! This a great chance for you to make it a family weekend—kids ride Saturday, you ride Sunday. Register online until April 12, or at the Bike Academy Booth on April 13!



Ages 2 to 12

All bikes allowed
(including pushbikes)Loop from
max 500 meters10' for 3-6 years old
15' for 7-8 years old
20' for 9-10 year oldStart & Finish in the
Village

Medal/Gift at finish

Snack offered at
finish for every childCompulsory presence
of the parents

WAVE STARTS**100- AND 60-MILE RIDERS**

Start Time	100-Mile & 60-Mile Riders	Corral #
7:00	1	20+ mph
7:00	2	18mph – 20mph riders
7:00	3	16mph – 18mph riders
7:00	4	14mph – 16mph riders
7:00	5	12mph – 14mph riders
7:00	6	10mph – 12mph riders

At this year's event, cyclists will self-seed at the start into 6 different corrals based on your average speed that you feel you can maintain. Corrals will be marked from 1 to 6 with the following estimated miles per hour speed that you can average:

- | | |
|---------------|---------------|
| 1. Over 20mph | 4. 14 – 16mph |
| 2. 18 – 20mph | 5. 12 – 14mph |
| 3. 16 – 18mph | 6. 10 – 12mph |

**NOTE: 25-MILE RIDERS
START AT 7:20AM**

Recumbent and non-standard bikes will start in the final corral.

MILE 25 & 70.1 REST STOP (Hwy 16 & 46)

Fruit, Water, Sports Drink, Gels, and Granola Bars,
Cookies, Chips, Coke, Pickle Juice

100-mile Riders x 2

60-mile Riders x 1

MILE 50.7 - REFUELING STOP (Grey Forest)

Fruit, Water, Sports Drink, Gels, and Granola Bars,
Cookies, Chips, Coke, Pickle Juice

100-mile Riders x 1

MILE 43.3 & 88.4 - WATER STOP

Water, Electrolytes, Bars, Fruit, Pickle Juice

100-mile Riders x 2

60-mile Riders x 1

25-MILE RIDER ONLY**MILE 10 - WATER STOP** (Grey Forest)

Water, Electrolytes, Bars, Fruit, Pickle Juice

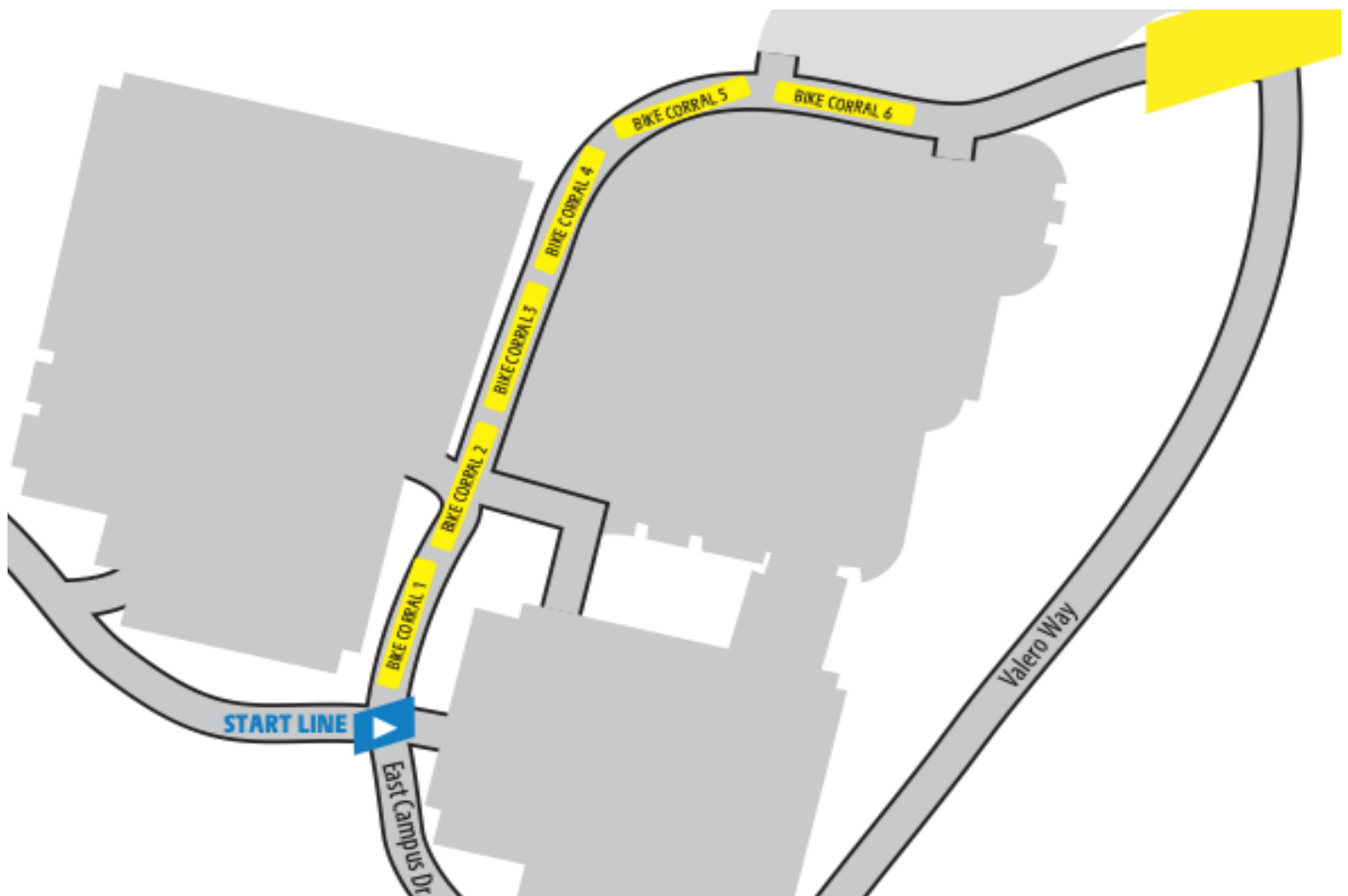
25-mile Riders x 2

START CORRAL

Start corrals are assigned based on the average speed declared during registration. Your bike plate and bib number will be preceded by a Corral Number (1 through 6). Your corral will be marked in your race packet when you pick it up and is not available beforehand.

Corrals will be marked with feather flags with numbers corresponding to your bike plate/bib. Please look for your corral and seed yourself accordingly. Volunteers will be monitoring the openings of the corrals to ensure that all riders are in the correct corral.

The ride is using a "Neutral Start" just like the Tour de France. Riders at the front of the ride CANNOT pass the red pace car until the official start of the race with the dropping of the checkered flag.



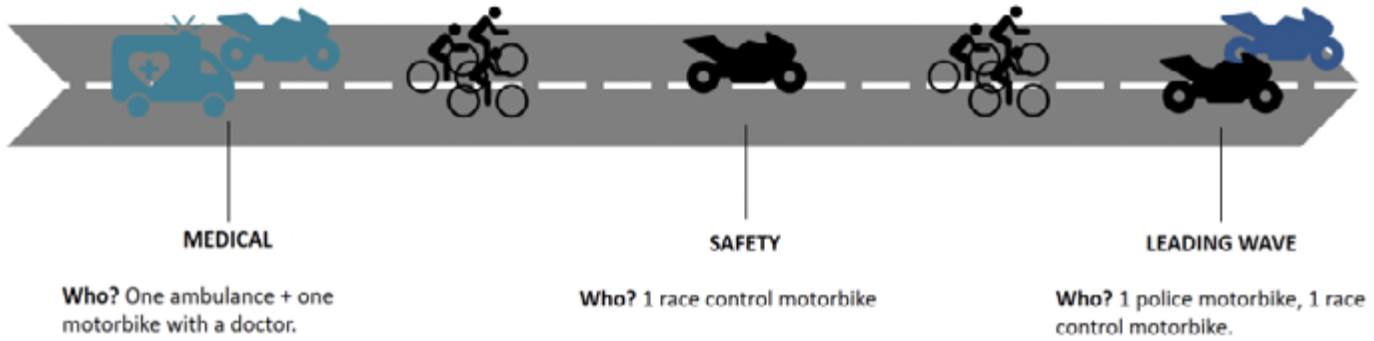
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SAFETY VEHICLES



COURSE MARKINGS

Know where to go. The course will be well-marked with colored arrows specific to your race distance.

100-MILE

60-MILE

25-MILE

AWARDS & PRIZES

AGE CATEGORIES FOR AWARDS *(For the 100-mile, 60-mile, 25-mile)*

Medals are awarded to first, second and third-place finishers in each category.

- 29 and under
- 30 to 39
- 40 to 49
- 50 to 59
- 60 to 69
- 70 to 79
- 80+

PRIZES FOR TOP FINISHERS *(60-mile & 100-mile only)*

Overall winners

The top overall individual female and male finishers will be presented with the iconic yellow jerseys.

25 & under overall winners

The top overall individual female and male finishers will be presented with the white jerseys.

Queen of the Mountain (QOM)/ King of the Mountain (KOM) winners

The top overall individual female and male finishers will be presented with the polkadot jerseys.

Sprint winners

The fastest male and female riders through the timed sprint section will be awarded the green jersey.

L'ÉTAPE BY TOUR DE FRANCE CHAMPIONSHIP

L'Étape Championship is an age group competition between all L'Étape by Tour de France riders. It takes place at the L'Étape du Tour event, in France in July, on the same roads as Tour de France, where the champions fight for the most coveted award in the world of cycling: the Yellow Jersey.

Riders come from all over the world to conquer L'Étape du Tour and the event sells out in minutes! However, a limited number of riders are automatically qualified for the Championship by finishing in the top 3 in the 100-mile race at L'Étape Texas by Tour de France.



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COMMEMORATE YOUR RACE EXPERIENCE!

Get your personal race photos with FinisherPix! FinisherPix is the official photographer at L'Étape Texas by Tour de France. Your personal race photos will be available at www.finisherpix.com/e/7459. Make sure your bib number is facing front at all times and don't forget to smile when you cross the finish line. Have a great race!

YOUR BEST PHOTOS!

- Ensure you have your race number facing front and visible at all times
- Look out for our FinisherPix photographers on course and SMILE
- Look up when you cross the finish line and smile BIG!
- If you pre-ordered your photos, you will receive a download-link by email as soon as photos are online!
- Upload a selfie at the bottom of your gallery to find more photos of you and to add it to your gallery.

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RACE RULES

EQUIPMENT

- Helmets must be worn and secured at all times.
- For the 100-mile, only road bikes are permitted.
- For the 60-mile ride, road and gravel bikes with drops are allowed.
- For the 25-mile ride and Family Ride all bikes are allowed, including mountain bikes, gravel bikes, city bikes, cross bikes, and recumbents. Disc wheels, tri or aero bars are not permitted.
- E-bikes are allowed in all but the 100-mile ride, although any cyclist riding an e-bike won't be ranked to preserve fairness between participants.

RULES

- Expo & Team area rules: No alcohol can be brought into the FitFest grounds. No coolers will be allowed in the expo area but coolers are permitted in the team area.
- From the start to the finish of this event that uses the public highway, all participants will be expected to adhere to all briefings/information given in communications shared in advance of the event, briefings given on the day (which may supersede previous information if there have been any changes), and also to the Human Race cycling code, which includes the following:
- Unless otherwise or expressly stated, the roads should always be considered as open to traffic (even if road signs suggest they may be shut) and you must ride accordingly as local access traffic may still use closed roads. Please obey all highway rules and road regulations at all times.

CODE OF CONDUCT

- You are requested to ride at a maximum 2 abreast at any time. Single file riding is mandatory when double white line systems are in operation on the roads.
- Unless required during a safe overtaking procedure you should not cross the center line while riding, and should make sure, particularly on descents, that you slow down sufficiently to be able to make a turn onto a side road without having to cross over to the 'wrong' side of the road.
- Obey all directions from police, traffic control personnel or course workers. Riders **MUST** give way to emergency vehicles. Where the route has a delineated lane closure (e.g. cones), crossing into the non-delineated lane is strictly prohibited.
- Look for obstacles, ride safely and predictably. Don't swerve and weave, keep your head up, and ride in single file when possible. Please be aware of and exercise good road riding etiquette.

CONTINUED ON NEXT PAGE

NOTE: We reserve the right to terminate participation on health and safety grounds. This includes, but is not limited to, the re-direction or closure of sections of the route due to events outside our control, rider route progress, or in the event of severe weather conditions.

RACE RULES (CONT.)

CODE OF CONDUCT (CONT.)

- Riders will be self-seed into the start corral's based on their estimated average speed that they plan to maintain for the duration of the event. Please see the signage on race morning in the starting line corral system. Please always remain aware of your fellow participants and all other road users (including motor vehicles, other cyclists, horse riders and pedestrians) and ensure you always leave sufficient space where required.
- Please always indicate & signal your intention to stop or change direction, including at junctions.
- Please also take note of any specific event signage which has been erected for the event as this will be in place for your safety and to warn you of what is approaching- HOWEVER these will not and cannot highlight every risk and so you must remain alert & maintain an awareness of your surroundings at all times.
- You should remain in control and ride according to your ability as well as the road conditions / environment. So think and look ahead to look out for any potential obstacles / risks coming up. This may include hidden dips and obstacles / hazards around corners - if you cannot see a good way along the road ahead of you or around a corner then slow down accordingly so you can respond / react if necessary.
- Please do not pass through any red traffic lights without using extreme caution, if directed please slow down as requested. Similarly keep a keen lookout at pedestrian crossings for those wishing to use them.
- Please look out for and observe all highway signage relating to descents, bends, general road regulations, cattle guards and other hazards.
- Please note that we reserve the right to terminate your participation if you fail to comply with any of the above, or are seen to be riding dangerously.
- Cut-off times for 2024: Race management has instituted two bike course cut-off times and locations for the 2024 L'Étape Texas event. The first one is located at Scenic Loop Road and Babcock Road for the 100-mile event. Riders in the 100-mile event must be past the intersection of Scenic Loop Road and Babcock Road by 11:00am. Any 100-mile rider outside of that time limit will be turned onto Babcock Road and will finish with the 60-mile riders..
- The second time cut-off location is at Highway 16 and Highway 46 in the north western corner of the 100-mile ride. Riders have to be at this location by 1:00pm or race management will have riders and their bikes taken back to the race venue at the UTSA campus. Riders outside of this time will be re-routed to the 60-mile Course, and your time will reflect your finish time for the 60-mile distance. The finish line closes at 3:00p.m.
- There is no outside support allowed for the entirety of the ride.
- The event organizers reserve the right to refuse entry into the event if any of the above rules are violated by a participant.

NOTE: We reserve the right to terminate participation on health and safety grounds. This includes, but is not limited to, the re-direction or closure of sections of the route due to events outside our control, rider route progress, or in the event of severe weather conditions.

RACE DAY

WHAT SHOULD I BRING ON RACE DAY?

There will be food zones (rest/water stops) to supply riders with nutrition, water and other necessities; however, we recommend you come with a few additions:

Helmet*	Sunglasses
Photo ID*	Spare clothing for weather
Water bottles*	Flat repair kit
Additional food or sports nutrition	Mobile phone (charge it prior)
Sunscreen	

WILL THERE BE A RACE BRIEFING?

Please be sure to attend one of the race briefings, held at the stage in the Expo. Please see the schedule posted in this Rider Book for the race briefing times.

HOW DO I GET TO THE START LINE?

Access to the start line differs depending on where you are staying. Parking options are available on the venue map on page 10.

WHAT TIME DO I HAVE TO BE AT THE START LINE?

We recommend arriving 1 hour before your start time. The first wave will leave at 7:00 am. You will self-seed into a start corral that corresponds with your average riding pace in miles per hour. **ARRIVE EARLY!**

ARE THERE COURSE TIME LIMITS?

You need to maintain a minimum average speed of 13.5 mph in the 100-mile event and 12.5 mph in the 60-mile event. There will be an 11:00am cut off time at Scenic Loop Road and Babcock Road and a 1:00pm cut off at Highway 16 & Highway 46.

IS THERE BIKE SUPPORT ON THE COURSE?

Yes, there will be both static and mobile bike support throughout the route.

WHERE ARE THE WATER AND REFUELING STATIONS?

There will be a stations at mile 10 (25-mile riders only), 25, 43.3, 50.7, 70.1 and 88.4 miles.

WHERE CAN I FIND MECHANICAL SUPPORT?

We will have bike mechanics on site at FitFest from Friday to pre-race Sunday or you can take it to one of our partner bike shops.

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FAQ

IS THERE A MINIMUM AGE REQUIREMENT TO RACE?

- Riders must be 16 to ride in the 100-mile or 60-mile events.
- Riders must be 14 to ride in the 25-mile event.
- Riders must be 11 to ride in the family ride.
- Riders must be 2 to 10 to ride in the kids ride.

WHAT TYPE OF BIKES ARE ALLOWED AT L'ÉTAPE TEXAS BY TOUR DE FRANCE?

- For the 100-mile, only road bikes are permitted.
- For the 60-mile ride, road and gravel bikes with drops are allowed.
- For the 25-mile ride and family ride all bikes are allowed, including mountain bikes, gravel bikes, city bikes, cross bikes, and recumbents. Disc wheels, tri or aero bars are not permitted.
- E-bikes are allowed in all but the 100-mile ride, although any cyclist riding an e-bike won't be ranked to preserve fairness between participants.

WHAT DO I GET WITH MY 100-MILE, 60-MILE AND 25-MILE REGISTRATION?

- Entry into race
- Rider registration pack
- Partially closed roads
- Tour de France professional race conditions
- Official L'Étape Texas t-shirt (Classe Spéciale Riders will get a special edition race kit)
- Official L'Étape Texas swag
- Backpack drop-off-and-pick-up service in the event village
- Overall timing of your ride and Queen of the Mountain (QOM)/King of the Mountain (KOM) and Sprint section timing (60-mile and 100-mile rides only)
- Mechanical support in the village and on the racecourse
- Medical assistance in the village and on the racecourse
- Food zones and drink/energy zones at key locations on the course
- Meal at the finish
- Finisher medal
- THERE IS NO RACE DAY PACKET PICK UP

FAQ (CONT.)

WHERE WILL THE RACE TAKE PLACE?

The start/finish of the race will start in Northwest San Antonio. The course will head west into the famous Texas Hill Country and have some small climbs on partially closed or fully closed roads.

WILL ROADS BE CLOSED?

Roads will be partially closed as riders will never be on an open road with vehicle traffic.

IS THE COURSE TIMED?

The 100-mile, 60-mile and 25-mile races are timed events. The family and kids rides are fun, non-timed events

VOLUNTEER

WE NEED YOU TO MAKE THIS A GREAT EVENT!

Volunteers play a crucial role in the successful running of L'Étape Texas and are the heart of cycling races. Registrations to volunteer at L'Étape Texas are now open.

Contact Tony Benke, Director of Volunteers at tbenke@sanantonioposports.org.



We have a wide range of volunteer opportunities available. Some great reasons to join our volunteer team:

- Enjoy the energy of a great outdoor event
- Help cyclists achieve their goals
- Meet new people
- Be a part of an iconic race series and the excitement of the L'Étape Texas race experience



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